



American Association of Cardiologists of Indian Origin



Nov 2012 - AACIO Newsletter Nov 2012

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AACIO Fall meeting Nov 2012

The Lotus Room at Tanzore Restaurant
50 North La Cienaga Blvd., Beverly Hills, CA 90211
Phone: (310) 652-3894

04 Nov 2012
6:00-10:00 pm

Indian Medical Association of Greater Los Angeles (IMALA) and American Association of Cardiologists of Indian Origin (AACIO)

Dinner Symposium

Registration is Complimentary. RSVP to Lindy Chapman, phone: 205-934-8256; e-mail: lindyc@uab.edu

5:15 p.m. – Two buses will leave the Los Angeles Convention Center at the transit bus pickup area on Figueroa at Pico Street. The signs on the buses will indicate “Indian Physician Meeting”. Buses will return to several hotels after the entertainment program around 10:00 p.m..

6:00 – 6:30 p.m.

6:30 – 7:45 p.m.

6:30 – 6:35 p.m.

6:35 –7:05 p.m.

7:05 – 7:15 p.m.

7:15 – 7:35 p.m.

7:35 – 7:45 p.m.

Registration
Scientific Program. Chairpersons: Drs. Kailash Dhamija, Navin C. Nanda and Kul Aggarwal
Introduction by Chairpersons
Stem Cell Therapy in Heart Disease. Tim Henry, Jr., M.D.
Discussion and Questions from the audience
Management of Hyponatremia in Heart Failure with Particular Reference to the Minorities. Dr. Debashish Roychoudhury
Discussion and Questions from the audience

Snacks and Cocktails will be served on the tables during the Scientific Program

7:45 – 8:00 p.m.

8:00 – 10:00 p.m.

10:00 p.m.

AACIO Honorees and Young Investigator Awards .
Posters of the Young Investigator Awardees will be available for viewing prior to the beginning of the Scientific Program
Dinner (Indian Cuisine) and Cultural Entertainment
Adjournment

We would like to acknowledge support from Boehringer-Ingelheim, Baxter Healthcare Corporation, Otsuka America Pharmaceutical, Inc. and St. Jude Medical



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Learning Objectives

We expect the attendees to:

- Acquire knowledge of the basics of stem cells and stem cell therapy
- Learn the usefulness of stem cell therapy in various types of heart disease
- Gain knowledge of the current limitations of stem cell therapy and future perspectives
- Acquire and enhance his/her knowledge of identifying various aspects and significance of hyponatremia in heart failure.

Faculty

Kul Aggarwal, MD, Professor of Clinical Medicine, University of Missouri and Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia, Missouri

Tim Henry, Jr., MD, Director of Research, Minneapolis Heart Institute Foundation, Minneapolis, Minnesota

Kailash Dhamija, MD, President, Indian Medical Association of Greater Los Angeles (IMALA), Los Angeles, California

Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease, Senior Scientist, Minority Health and Research Center and UAB Center for Aging, University of Alabama at Birmingham, Birmingham, Alabama.

Debasish Roychoudhury, MD, Clinical Assistant Professor of Medicine, Weill Medical College of Cornell University, New York, New York

President's Column



Dear Friends and Colleagues,

Welcome to the Fall/Winter edition of the AACIO Newsletter. Our last dinner meeting at the time of the ACC was a resounding success in Chicago. The scientific program was strong with many distinguished speakers. It was well attended and I would like to thank all of you for making it a success.

This year, the American Heart Association will be meeting in Los Angeles. We have organized the dinner meeting in Beverly Hills and I would like to invite all of you to attend.

Your organization continues to gain strength and we are grateful for your continued active participation.

We would like to encourage you to reach out to your friends and colleagues and all fellows in training to join and participate actively in AACIO.

Our website has been completely re-designed and is more functional and I invite all of you to visit us at www.aacio.org.

See you in Los Angeles!

Warm Regards,

Kul Aggarwal, M.D.
President



NOTE FROM EDITOR, AACIO NEWSLETTER

AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter.

Please send your items for consideration to

Dr. Debasish Roychoudhury, Editor, Email: roychoudhury03@yahoo.com

Top

AACIO Young Investigator Awards

Dr. Krishna Ramaswamy Award

Interventional/EP: A comparison of aspiration and mechanical thrombectomy versus primary angioplasty in patients with acute myocardial infarction: A meta-analysis of randomized trials. *Dharam J. Kumbhani MD, SM, MRCP*; Anthony A Bavry MD, MPH2; Deepak L Bhatt, MD, MPH3. 1University of Texas Southwestern Medical Center, Dallas, TX; 2University of Florida, Gainesville, FL; 3Brigham and Women's Hospital/ VA Boston Healthcare System, Boston, MA

Dr. Madhukar Deshmukh Award

Preventive/Imaging: New Oral Anticoagulants in patients with atrial fibrillation and previous stroke or transient ischaemic attack: meta- analysis of randomized trials and indirect treatment comparisons.

Partha Sarder, M.D., * Saurav Chatterjee, M.D., † Joydeep Ghosh , M.D., § Debabrata Mukherjee, M.D., M.S., ‡ *New York Medical College-Metropolitan Hospital Center, New York, New York; † Brown University and the Providence VAMC, Providence, Rhode Island; §Maimonides Medical Center, Brooklyn, New York; ‡Texas Tech University Health Sciences Center, El Paso, Texas

Preventive/Imaging: Degenerative Mitral Stenosis: Natural History, Correlates Of Progression And Biological Predictors Of Survival

Gaurav Tyagi, MD; Iona Pasca, MD; Patricia Dang, DO; Reena Patel, MD; Ramdas Pai, MD, Department of Medicine, Loma Linda University School of Medicine, Loma Linda, California

Top

AACIO Honorees



Vidya S. Banka, MD, is Clinical Professor of Medicine at the Perelman School of Medicine of the University of Pennsylvania and Director, Interventional Cardiology and Cardiac Catheterization Laboratories, at the prestigious Pennsylvania Hospital Philadelphia, Pennsylvania. He is a graduate of Government Medical College, Amritsar and did his postgraduate training at the Postgraduate Institute before moving to the USA. Dr. Banka has published extensively in peer review journals and has contributed to book chapters and reviews. He coauthored a book, “A Clinical and Angiographic Approach to Coronary Heart Disease.” As an interventional cardiologist, Dr. Banka brought attention to tapered coronary anatomy which lead to the development of a tapered balloon called the “Banka tapered balloon.” As an educator, Dr. Banka has organized and served as Program Director for the continuing medical education program, “New Frontiers in Cardiology” for the Perelman School of Medicine at the University of Pennsylvania for more than 25 years. Over his long and distinguished career, he has trained numerous successful

Cardiologists in Cardiovascular interventional techniques.



Kailash Dhamija, MD is President of the Indian Medical Association of Greater Los Angeles (IMALA). Dr. Dhamija graduated from Agra Medical College in Agra, India and did his Residency in Family Medicine at Southside Hospital, New York State University. He is Board Certified in Family Medicine and specializes in routine physical examinations, weight management programs, pre-natal care and women's health. Dr. Dhamija is highly respected and exemplifies the standards of accessible and compassionate healthcare in the Long Beach and Orange County communities.



Gerald M. Pohost, MD is a Cardiologist with expertise in Cardiovascular imaging including nuclear and magnetic resonance imaging for which he is internationally renowned. He is currently Professor of Medicine, Keck School of Medicine, University of Southern California, Los Angeles, California, Professor, School of Medicine, Loma Linda University, Loma Linda, California, and Professor, Viterbi School of Engineering, University of Southern California, Los Angeles. He has served in different capacities for major cardiovascular organizations including the American Heart association and American College of Cardiology and is Chair, subcommittee to develop fellowship training requirements for specialty programs in cardiovascular disease. Core Cardiology Training Symposium for the American College of Cardiology and President, Intersocietal Commission on Accreditation of Magnetic Resonance Laboratories. He has done pioneering research in the field of cardiovascular imaging and has long-standing research awards from the NIH. He has numerous important peer-reviewed publications and books to his credit. He has been a great friend of the AACIO.



Kiran B. Sagar, MD, is currently a Cardiovascular Consultant in Milwaukee, Wisconsin. She previously served as Clinical Professor of Medicine, University of Wisconsin School of Medicine and Public Health, Aurora Sinai/Aurora St. Luke's Medical Centers, Milwaukee, WI. She also served as Director of Echocardiography and Stress lab at St. Luke's where she was Director of the Cardiac Rehabilitation Program. Dr. Sagar graduated from Amritsar Medical College, India and after completing her residency at the prestigious Post Graduate Institute in Chandigarh, she moved to the USA where she did her Cardiology fellowship at MCV in Richmond, VA and Paul Dudley White Research fellowship at Massachusetts General Hospital. She served as Assistant Professor and Director of Noninvasive services at Medical College of Virginia. She has been in Wisconsin since 1984. She is renowned for her expertise in Cardiovascular Imaging. She was President of the Laennec Society of the American Heart Association. She has held several leadership roles in the American Society of Echocardiography, American Heart Association and American College of Cardiology. She has numerous publications to her credit and is clearly a gifted teacher who loves to work with students and trainees as well as junior faculty.

Top

Members Achievements



Dr. Rajat Sanyal. We thank Dr. Sanyal for obtaining a grant from St. Jude Medical to assist with a future AACIO educational meeting. Dr. Sanyal is a former AACIO President and serves on the AACIO Executive Committee.



Dr. Suneet Mittal, Associate Professor of Clinical Medicine at Columbia University College of Physicians & Surgeons and Director of Electrophysiology, Valley Health System of NY and NJ, has recently published a book. The aim of the books is to take a look at how remote monitoring is affecting Cardiology as applied to ambulatory external ECG monitoring systems, implantable loop records, PPMs and ICDs. Case based studies are included. The book is available on Amazon and can be downloaded to a Kindle. Dr. Mittal serves on the AACIO Board of Directors.



Dr. Navin C. Nanda has received several honors recently. He was presented the “Father of Modern Echocardiography” Award by the Indian Association of Cardiovascular and Thoracic Anaesthesiologists, Delhi India (February 2012) and Father of Modern Echocardiography” Award from the Mexican Society of Echocardiography (August 2012). He was also Honored as a Distinguished Visitor to the city of Pueblo, Mexico by the President/Mayor at a special function. In addition, he received a Life Time Achievement Award by the Indian Heart Rhythm Society in Boston (May 2012) for “pioneering contributions in the field of pacing and electrophysiology”. Dr. Nanda was the first in the world to image cardiac catheters and pacemakers and assess pacemaker function by echocardiography. He was selected as a Distinguished Fellow of the International Academy of Cardiology for “profound contributions in cardiovascular medicine”, Toronto (July 2012); “Teacher of the Year” Award by the Cardiology Fellows at the University of Alabama at Birmingham, Alabama and his book on Live/Real Time 3D Echocardiography was translated into Turkish and Chinese languages

Top

Future Cardiology/Echocardiography Conferences

November 3, 2012, 8:00 a.m. – 4:30 p.m. – Los Angeles, California

The Westin Bonaventure Hotel and Suites, 404 South Figueroa Street, Los Angeles, CA. Phone: (213) 624-1000

22nd Annual International Conference on Echocardiography and Allied Techniques.

A TOTAL OF OVER 50 CASES BY OVER 50 FACULTY ARE EXPECTED TO BE SHOWN.

Conference Director: Dr. Navin C. Nanda, M.D., University of Alabama at Birmingham, Alabama

CME credit hours: 7.5 AMA PRA Category 1 Credits™

Fee: \$50 CME certification needed; \$0.00 no CME certification needed.

To register: Contact Lindy Chapman, office of Dr. Navin C. Nanda

Phone: 205-934-8256; e-mail: lindyc@uab.edu

Top